

Do you need help? There is assistance available.

For support with substance use and mental health issues, contact your local employee assistance program (EAP), listed below.

BOILERMAKERS

Substance Abuse Program | MOST Trust

1-800-395-1089

mostprograms.com/program/substance-abuse-program/

BRICK & ALLIED CRAFT WORKERS (BAC)

MAP for the International Union of Bricklayers and Allied Craftworkers

1-888-880-8222

bacweb.org/member-service/member-assistance-program-map

CARPENTERS/PILE DRIVERS (STATEWIDE)

Anthem Employee Assistance Program (MAP)

800-999-7222

carpenterfunds.com/assets/ FormsPublication/Active-HW/Anthem-Member-Assistance-Program-MAP-Flyer. pdf

CEMENT MASONS AND PLASTERERS

The Cement Masons have partnered with substance abuse centers to accept their Health & Welfare plans. Please see links below for those centers and contact your Health & Welfare Department for more info.

Plasterers Cement Masons Health Welfare Fund Drug Rehab Centers | Inpatient Alcohol Addiction Treatment Facilities

877-799-7578

www.toprehab.net/plasterers-cementmasons-health-welfare-fund-drugalcohol-approved-rehabs/

ELEVATOR CONSTRUCTORS (IUEC)

Beacon Wellbeing: Employee Assistance Program | Beacon Health Options

888-204-5581

www.beaconhealthoptions.com/ solutions/employee-assistance-program/

INTERNATIONAL BROTHERHOOD OF ELECTRICAL WORKERS (IBEW)

Beat It! Employee Assistance Program (800) 828-3939 www.beatiteap.com

IRON WORKERS (STATEWIDE)

Member Assistance Program (MAP)

TOLL FREE: 1-800-977-7962

LABORERS

Claremont IBH EAP (North)

800-834-3773

www.claremonteap.com

Pacific Southwest Administrators (South)

(626) 279-3000

(800) 887-5679, Option 5

www.socalaborers.org

socalaborersadvocate@pswadmin.com

SZ CALIEORNIA

For more information and resources, contact Cassandra Rizzio at rizzioc@agc-ca.org.

OPERATING ENGINEERS LOCAL 3 (NORTH)

Assistance & Recovery Program

1-800-562-3277 or 510-748-7444 www.arpinc.org

OPERATING ENGINEERS LOCAL 12 (SOUTH)

Contact your local Health & Welfare Department

PAINTERS, GLAZIERS, CARPET LAYERS, & ALLIED CRAFTS (IUPAT)

IUPAT Helping Hand

finishingfirstlmci.com/iupathelpinghand/

ROOFERS AND WATER PROOFERS

Beat It! Employee Assistance Program

(800) 828-3939

www.beatiteap.com

SHEET METAL WORKERS (SMWIA)

Beat It! Employee Assistance Program

(800) 828-3939

www.beatiteap.com

TEAMSTERS

Teamsters Assistance Program (TAP)/ Teamsters Alcohol Rehabilitation Program (TARP)

North: TAP (510) 562-3600 TARP (800) 522-8277 South: TAP (800) 253-8326 TARP (800) 522-8277

www.tap-program.org

THE HEAT AND FROST INSULATORS AND ALLIED WORKERS

Working Partners - Substance Abuse Basics - Substance Abuse Program Administrators Association

1-800-562-3277 or 510-748-7444

www.sapaa.com/mpage/wp sab

UNITED ASSOCIATION OF PLUMBERS AND FITTERS (UA)

Beat It! Employee Assistance Program

(800) 828-3939

www.beatiteap.com

OTHER RESOURCES

Substance Abuse and Mental Health Services Administration

1-800-662-HELP (4357)

TTY: 1-800-487-4889

www.samhsa.gov/find-help/national-

helpline

www.samhsa.gov/find-treatment

Suicide Prevention Lifeline

1-800-273-TALK (8255)

TTY: 1-800-799-4889

www.suicidepreventionlifeline.org

Disaster Distress Helpline

1-800-985-5990

www.samhsa.gov/find-help/disaster-distress-helpline

Veteran's Crisis Line

1-800-273-TALK (8255)

TTY: 1-800-799-4889

www.veteranscrisisline.net

Drug-Free Workplace

1-800-WORKPLACE (967-5752)

www.samhsa.gov/workplace/resources/

drug-free-helpline



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